12-Hour, One-Day Golf Injury Seminar

Module 1 (4-Hours) Jeff Blanchard, D.C. Golf as an Athletic Event

07:30am - 08:20am

Introduction: Review of the current literature of the high incidence of golf related injury (back and extremity dysfunction syndromes).

08:30 - 09:20am

Physical Examination /Diagnosis: Case history specific to athletic/golf performance. Overview of patient posture and flexibility specific for golf.

09:30 - 10:20am

Physical Examination/Diagnosis: Are your patients at risk of injury? Identification of potential injury. 3 Key Points of the golf swing.

10:30am - 11:20am

Patient Conditioning/Education: Focus on pre-golf warm-up/stretching. Understanding developmental, maintenance and injury prevention stretching regimes.

LUNCH

Module 2 (4-Hours) Kevin M. Wong, D.C. **Extremity Adjusting / Athletic Taping Technique**

12:00pm - 12:50pm

Shoulder/Elbow - Anatomy, Conditions, Adjustments, Rehabilitation/Exercises

01:00pm - 01:50pm

Wrist/Hand/Fingers - Anatomy, Conditions, Adjustments, Rehabilitation/Exercises

02:00 - 02:50pm

Foot/Ankle, - Anatomy, Conditions, Adjustments, Rehabilitation/Exercises

The Gait Cycle

The Concept of Foot Pronation

Postural/Visual Indicators

03:00pm - 03:50pm

Knees/Hips/Pelvis - Anatomy, Conditions, Adjustments, Rehabilitation/Exercises

NUTRITION BREAK

Module 3 (4-Hours) Chuck Gibson, D.C. **Clinical Management of the Acute Care Patient**

04:30pm - 05:20pm

Consultation and Examination Techniques: The process of a complete consultation and thorough examination including physical, neurological, orthopedic and chiropractic exams.

05:30pm - 06:20pm

Consultation and Examination Techniques, continued.

06:30pm - 07:20pm

Treating Acute Trauma Cases: Methodology of treating acute severe neck and back injuries, particularly from trauma.

07:30pm - 08:20pm

Patient Communication: A thorough discussion on successfully communicating to the patients that during the process of their treatment, they will understand thoroughly what is happening to them – the what and the why of what is being done to them on their behalf.



Jeff Blanchard, D.C.

Dr. Blanchard is chiropractor who competes as a golf professional. His career low round is 62. He is the author of, The Physician's Golf Injury Desk Reference, Bartlett&Jones Publishers, 2007.



Chuck Gibson, D.C.

Dr. Gibson co-authored the textbook. Management of Acute Trauma Cases, used by the Palmer College of Chiropractic. He's a renowned international speaker and an active consultant for doctors regarding case management.



Kevin Wong, D.C.

Dr. Wong is Adjunct Faculty for Palmer College of Chiropractic West. He is an expert level instructor in extremity adjusting and taping technique.

Registration

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| D.OB. | Licens | se No | | |
| Street | : | | | |
| City_ | | _State | Zip | |
| Phone | e | Fax | | |
| Email | | | | |
| Sen | ninar Locations & | Dates | } | |
| | Phoenix, AZ Crowne Plaza Resort 4300 East Washington S 602-273-7778 | | | day, March 5 |
| | Manhattan Beach, CA Marriott Golf Club 1400 Parkview Ave. 818-889-6680 | | Thurso | day, March 12 |
| | Seattle, WA Hilton 17620 International Blvd 206-244-4800 | i. | Thurso | day, April 9 |
| | Portland, OR Holiday Inn 8439 NE Columbia Blvd. 503-256-5000 | | Thurse | day, April 23 |
| Tuit | ion & Fees | | | |
| Early Prepa Partia | Bird Registration 2 weeks i aid Registration al Day, hourly registration te Registration Payment | | only | *\$ 99 \$149 \$30/hr \$199 |
| Pay | ment Information | 1 | | |
| | Theck payable to: Dr. Jeff I lain Street, Morro Bay, CA | | d | |
| MC/V | ISA/AMEX Credit Cards A | ccepted | | |
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| Refu | ınd Policy | | | |
| | of attendance date and cancella | tion are subi | iect to \$50 | nrocessing fee |

Ouestions & Directions

CALL (805) 772-8298.