The Physician’s Golf Injury Desk Reference

Jeff Blanchard, DC

The first of its kind! An essential new book for all healthcare providers treating golfers, this comprehensive text offers important information on the diagnosis and treatment of golf injuries. Dr. Blanchard combines his unique practitioner expertise with his actual play experience as a competitive golf professional to offer readers a more complete understanding of taking care of patients who love to play golf. The Physician’s Golf Injury Desk Reference is designed to help providers link swing mechanics to injuries to identify the root cause of an injury and to determine if patients are at risk of injury before they even hit a golf ball.

Material is presented in a concise and clear manner, with visual aide, objective chapter openers and summaries on what the reader should learn, as well as examples, boxed articles, and case studies to help illustrate the chapter concepts. This book helps teach readers how to perform a 14-point physical examination and a 3-point swing mechanics analysis, and includes correction protocols for any failed examination findings. The text also includes practical training technology from the PGA, LPGA, and Champions Tour for golf fitness and conditioning for “well patients” looking to improve their game.

About the Author:
A former Commissioner with the State Board of Chiropractic Examiners, Dr. Jeff Blanchard has been in private practice since 1980. He was the founder and former director of the Orange County Golf Center for Manipulation Under Anesthesia. At age 45, he left private practice after 20 years to play professional golf. His career low round is 62. In 1999, Dr. Blanchard founded Blanchard Golf Injury Seminars to train health care professionals in the diagnosis and treatment protocols for golf injuries, golf fitness and golf conditioning. Dr. Blanchard speaks internationally at State Associations and Collegiate sponsored conventions. He has personally trained over 3000 “golf doctors” to date.

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Key Features:

• You don’t have to be a golfer to benefit from this book!

• Written by an expert! Dr. Blanchard offers his combined practitioner expertise with his competitive golf professional experience to help readers gain a better understanding of how to take care of patients who golf.

• Offers helpful information on linking how a patient swings the club to potential injury to the patient.

• Information provided in a practical, clear and concise manner.

• Teaches how to perform a 14-key point golf-specific physical examination and 3-key point analysis of swing mechanics, with easy to apply correction protocols.

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